

Join Us For These Events in



AFFECTED BY THE ECONOMY?

Our new free, weekly support group can help you cope!

Two dates and locations for your convenience:

Wednesdays, 7 PM - 8 PM

Trinitas Family Resource Center
300 North Avenue East, 2nd Floor, Cranford, NJ
Call: (908) 276-2244

Mondays, 11 AM - 12 Noon

Trinitas New Point Campus - Plaza Building
654 E. Jersey Street, 2nd Floor, Elizabeth, NJ
Call: (908) 994-7559

ASK OUR PHARMACISTS!

Too many pills?

Questions about drug interactions?

Seniors with questions about their medications can meet with a Trinitas pharmacist to get answers, discuss drug interactions and receive a free medication organizer.

4th Tuesday of every month

12 Noon - 1:00PM

Appointments are necessary,
please call: (908) 994-5984

Thursday, April 2 • Appointments all day

“Kick the Habit NOW”

Laser Treatment for Smoking Cessation

Painless and safe, low-level laser treatment calms and relaxes you, giving you the psychological tools to keep your nicotine craving at bay.

Cost: \$250

(20% will benefit the Trinitas Regional Medical Center Community Initiative Fund)

Call (212) 292-5660 to register.

Location: Trinitas Regional Medical Center
Physicians' Conference Room, Administrative Services Building
210 Williamson Street, Elizabeth, NJ

Thursday, April 16 • 10:30 am – 12 Noon

Advance Care Planning: Your Decision Counts

National Healthcare Decisions Day

Sister Mary Corrigan

Vice President, Mission Effectiveness and Director, Pastoral Care

Call (908) 994-5138 to register.

Location: Trinitas Regional Medical Center
Physicians' Conference Room, Administrative Services Building
210 Williamson Street, Elizabeth, NJ

Tuesday, April 21 • 10:30 am – 12 Noon

**Grants are available to help pay for
your utilities — are YOU eligible?**

Cheryl Stowell, NJ SHARES, Inc.

Call (908) 994-5138 to register.

Location: Trinitas Regional Medical Center
Physicians' Conference Room, Administrative Services Building
210 Williamson Street, Elizabeth, NJ

Wednesday, April 22 • 6:30 pm – 8 pm

Stress Incontinence...

Too Embarrassed to Discuss It?

Labib Riachi, MD, FACOG

Center of Advanced Pelvic Surgery and
attending physician at Trinitas Regional Medical Center

Join us for a serious discussion on this sensitive medical problem,
then stay for the program's lighter side — A Dessert Workshop.

Location: Classic Thyme at Toscana

710 South Avenue West, Westfield, NJ

Admission is FREE but seating is limited. **Call (908) 994-8706 to register.**



TRINITAS
Regional Medical Center

225 Williamson Street • Elizabeth, NJ 07207
www.TrinitasRMC.org • 908.994.5000

Trinitas Regional Medical Center is a Catholic teaching institution sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation.